

Introduction

National Programme of Nutritional Support to Education (popularly known as Mid Day Meal Scheme) was launched in September 2004 with an objective to give a boost to Universalization of Primary Education by increasing enrolment, retention and attendance.

- i. At gross root level, the scheme is being implemented under the supervision of PRIs, School Management Committees & Village Education Committees.
- ii. The food grains are lifted from the FCI by the Directors of Consumer Affairs and Public Distribution Department on behalf of the Education Department as the CAPD has a good network of sale outlets across the State with capacity to store the food grains. Thereafter the food grains are being lifted from the nearest Public Distribution Centre by the authorized representative of the identified schools.
- iii. The contingent paid workers were originally assigned the job of cooking but now for this purpose Cook-cum-helpers have been engaged and assigned the job of cooking.
- iv. Necessary expenses on account of implementation of the Mid-day Meal Scheme are being met out of the funds in the ratio of **90:10** as Central Share and State Share for Cooking Cost, Honorarium to Cook cum Helpers and Construction of Kitchen-cum-Stores.

➤ **Main Objectives**

To boost Universalization of Elementary Education by improving;

- ❖ Enrolment
- ❖ Attendance
- ❖ Retention
- ❖ Learning levels of children.
- ❖ Nutritional status of students.

➤ **Weekly Menu – Day wise**

S. No	Day	Name of the Commodity/Item to be served
1	Monday	a.) Pulses (e.g. Arhar Dal,) b.) Potato, Tomato, Onion (Mixed)
2	Tuesday	a.) Pulses (e.g. Rujma Dal / Masoor Dal) b.) Seasonal Vegetables (Combined at least three)
3	Wednesday	a) Pulses (e.g. Rajma Dal/ Channa Dal) b) Nutri and Tomatoes (Mixed)
4	Thursday	a) Pulses (e.g. Moong Dal,) b) Potato, Onion, Tomato (Mixed)
5	Friday	a) Meat/ Cheese b) Seasonal Leafy Vegetables (Mixed)
6	Saturday	a) Pulses (e.g. Beans/ Chana ki dal) b) Mixed leafy vegetables (Combination of three)

➤ **Management structure**

The MDM scheme is being implemented in the State through the Director School Education Jammu/Kashmir and the Management Committees at Divisional/District/Zonal level have constituted.

➤ **Monitoring Structure**

The District Development Commissioners have been directed to inspect/monitor the schools of their respective district for the proper implementation of the MDM scheme in the state.